

TABEL DECLARATII NUTRITIONALE RESTAURANT CASA NOSTALGIA

| NR | DENUMIRE | KJ | KCAL | GRASIMI | ACIZI GRASI | CARBOHIDRATI | ZAHAR | PROTEINE | SARE | E | TIPUL CARNII | ALERGENI | CONG |
|----|---------------------------------------|--------|--------|---------|-------------|--------------|-------|----------|------|---|------------------------|-------------|------|
| 1 | Bunatati pe pita | 567.8 | 141 | 5.6 | 0.5 | 13.8 | 8.5 | 9.2 | 4.7 | 1 | Pastrav UE | 1,4 | |
| 2 | Platou de mizilicuri de la Bran | 5929.4 | 1424.2 | 120.6 | 27.5 | 20 | 8.8 | 63.2 | 8.2 | 3 | Carne porc UE | 1,7 | |
| 3 | Burduf pane cu dulceața de ardei iute | 3631.5 | 867 | 58.7 | 37.7 | 29 | 15.9 | 54.7 | 5.7 | | | 1,3,7 | |
| 4 | Mamaliga cu branza si smantana | 4729.6 | 1139.3 | 91.7 | 44 | 60.2 | 3.7 | 22.9 | 8.3 | | | 7 | |
| 5 | Salata cu piept curcan smoker | 2030 | 484.8 | 21 | 4.4 | 11.8 | 7.1 | 63.6 | 5.9 | | Carne curcan UE | 1,3,7,9 | DA |
| 6 | Ciuperci umplute cu branza | 3003 | 727.3 | 71.4 | 33.4 | 10.7 | 0.5 | 14.4 | 3.7 | | Carne porc UE | 7 | DA |
| 7 | Supa Nostalgia cu gaina si taitei | 1352.7 | 322 | 13.9 | 8.1 | 28.3 | 6.9 | 24.6 | 5.2 | | Carne pui UE | 1,3,9 | DA |
| 8 | Cartof Nostalgia | 4596 | 1113 | 103.7 | 36.1 | 26.6 | 2.6 | 20.2 | 6.2 | | Carne porc UE | 3,7,10 | DA |
| 9 | Placinta Nostalgia cu ragu miel | 3097.9 | 745.8 | 56.5 | 33.4 | 23.5 | 3.7 | 34.2 | 5.9 | | Carne miel Irlanda | 3,7,9 | DA |
| 10 | Gogosi | 3042.7 | 722.5 | 17.5 | 7.9 | 120.4 | 64 | 23.3 | 0.4 | 1 | | 1,3,7 | |
| 11 | Ciorba de vacuta | 1468.7 | 351.1 | 14.9 | 3 | 30.3 | 7.6 | 27.4 | 3.2 | | Carne vita UE | 7,9 | DA |
| 12 | Ciorba de fasole cu afumatura | 1549.2 | 367.8 | 5.9 | 2.1 | 54.9 | 8 | 32.5 | 3.2 | 1 | Carne porc UE | 9 | DA |
| 13 | Ciorba de burta | 1810.9 | 436.6 | 33.6 | 11.3 | 18.1 | 9.8 | 16.5 | 3.6 | 4 | Burta vita UE | 3,7,9 | DA |
| 14 | Bulz | 4046 | 973.4 | 73.5 | 31.4 | 60.8 | 0.7 | 21.7 | 5 | | | 3,7 | |
| 15 | Piept curcan | 1312.1 | 311.3 | 8.4 | 1.7 | 0 | 0 | 58.1 | 0.4 | | Carne curcan UE | | DA |
| 16 | Pastrav la plita | 2245.3 | 537.6 | 26.8 | 4.3 | 1.4 | 0.4 | 68.7 | 0.7 | | Pastrav UE | 4 | DA |
| 17 | Cotlet de porc | 1490.8 | 356.2 | 14.1 | 3.2 | 0 | 0 | 539 | 0.1 | | Carne porc UE | | DA |
| 18 | Ceafa de porc sunflower | 2568.8 | 618.3 | 47.4 | 18.9 | 0 | 0 | 48 | 2.8 | | Carne porc UE | | DA |
| 19 | Cotlet berbecut | 2581.1 | 618.3 | 33.6 | 14.5 | 0 | 0 | 78.8 | 0.5 | | Carne miel Irlanda | | DA |
| 20 | Antricot de vita | 3786.8 | 907 | 51.6 | 20.5 | 58 | 6.7 | 48.8 | 1.3 | | Carne vita Argentina | 7 | DA |
| 21 | Ciolan cu fasole | 91739 | 2195.8 | 107.2 | 45.4 | 97.9 | 10.8 | 187.5 | 4.2 | 1 | Carne porc UE | 9 | DA |
| 22 | Sarmale in foi de varza | 4502.4 | 1077.4 | 66.5 | 19.3 | 78.4 | 8.6 | 36.2 | 1.7 | 6 | Carne porc UE | 1,7 | DA |
| 23 | Sarmale in foi de vita | 3556 | 852 | 47.9 | 20.5 | 66.2 | 6.4 | 43.6 | 0.5 | 3 | Carne porc UE | 1,7 | DA |
| 24 | Carne la garnita | 3371.4 | 805 | 33.3 | 10.2 | 61.5 | 0.5 | 66.1 | 5.8 | | Carne porc UE | | DA |
| 25 | Gulas de vitel cu cartofi | 2288.9 | 550.3 | 36 | 22.9 | 41.6 | 9.2 | 18.6 | 3.2 | 1 | Carne vita UE | 1,7,9 | DA |
| 26 | Cocosel de munte cu cartofi aurii | 5852.6 | 1392.6 | 62.3 | 23.2 | 109.8 | 20 | 104.6 | 3.6 | | Carne de pui UE | 7 | DA |
| 27 | Jumatati de pui la ceaun | 5152.6 | 1236.8 | 86.1 | 17.4 | 25.1 | 5.3 | 89.3 | 10.1 | 3 | Carne pui UE | 1,3,7,10 | DA |
| 28 | Coaste porc cu cartofi aurii | 3214.5 | 773.3 | 57.1 | 28.1 | 7.9 | 4.7 | 56.4 | 10.9 | 1 | Carne porc UE | 3,7,9,10 | DA |
| 29 | Carnat de porc | 2053.4 | 494.5 | 39.6 | 14.6 | 1.9 | 0 | 32.1 | 5.3 | | Carne porc UE | | DA |
| 30 | Porchetta | 2887.6 | 690.2 | 56.7 | 18.3 | 3.2 | 0.4 | 37.9 | 2.5 | | Carne porc UE | 12 | DA |
| 31 | Snitel din piept curcan | 1388.8 | 389.3 | 6.3 | 1.9 | 13.3 | 0.8 | 53.7 | 0.6 | 8 | Piept curcan UE | 1,3 | DA |
| 32 | Snitel vienez | 1696.8 | 405.9 | 18.7 | 7.3 | 13.3 | 0.8 | 45.5 | 0.6 | | Vita Argentina,Irlanda | 1,3 | DA |
| 33 | Obrajori de vitel | 1665.6 | 396.3 | 9.1 | 4.1 | 21.5 | 10.2 | 47.8 | 5.3 | | Carne vita UE | 7,10,12 | DA |
| 34 | Piure de cartofi | 1924.5 | 466.2 | 41.7 | 28 | 18.3 | 3.4 | 3.8 | 0.1 | | | 7 | |
| 35 | Cartofi prajiti | 2540 | 602 | 20.2 | 3.4 | 105.6 | 17.7 | 6.2 | 1 | | | | |
| 36 | Cartofi taranesti | 1641.4 | 395.8 | 27.5 | 7.2 | 25.5 | 2.8 | 10.5 | 2.1 | | Carne porc UE | | |
| 37 | Salata rece de cartofi | 927.9 | 222.6 | 10.6 | 1.8 | 23.7 | 3 | 6.9 | 4.4 | | | 1,3,7,10 | |
| 38 | Mamaliga la plita | 910.9 | 218.5 | 5.5 | 0.6 | 37.7 | 37.7 | 3.4 | 5 | | | | |
| 39 | Iahnie de fasole | 3377.4 | 806.6 | 23.6 | 2.7 | 84.3 | 11.1 | 47 | 5.2 | | | 1,3,6,10,11 | |
| 40 | Salata verde cu lamaie | 191.1 | 46.5 | 5 | 0.5 | 0 | 0.1 | 0.1 | 5 | | | | |
| 41 | Salata de varza | 553.2 | 133.5 | 10.3 | 1 | 9.6 | 6.2 | 1.8 | 5 | | | | |
| 42 | Salata de varza murata | 156.8 | 37.5 | 0.2 | 0 | 7.7 | 7.7 | 1.7 | 7.3 | 2 | | 9,10 | |
| 43 | Salata ardei copti | 681.9 | 164 | 10.7 | 1.2 | 15.5 | 11.4 | 2.3 | 5 | | | | |
| 44 | Castraveti covasiti | 78.1 | 18.7 | 0.4 | 0 | 3.2 | 0.5 | 1.6 | 6.3 | | | 9,10 | |
| 45 | Muraturi asortate | 219.5 | 52.5 | 0.4 | 0 | 9 | 8.3 | 2.2 | 8.5 | 3 | | 9,10 | |
| 46 | Salata bureti murati | 276 | 66.2 | 0.6 | 0.2 | 12.9 | 0 | 7.8 | 2.8 | 2 | | | |
| 47 | Strudel | 2236.3 | 533.5 | 21.6 | 6.9 | 77.9 | 42.2 | 8.8 | 0.9 | | | 1,3,7 | |

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|----|--------------------|--------|--------|------|------|-------|------|------|-----|---|--|---------|--|
| 48 | Papanasi | 4220.1 | 1000.6 | 19.2 | 11.6 | 176.1 | 63.7 | 33.7 | 1 | 2 | | 1,3,7 | |
| 49 | Somloi | 2940.6 | 700.8 | 30.2 | 5.7 | 93.9 | 59.8 | 13.8 | 2.3 | 4 | | 1,3,7,8 | |
| 50 | Inghetata asortata | 1887.7 | 449.2 | 17.6 | 11.5 | 63.6 | 54.2 | 9.6 | 0.6 | | | | |